

AM SGULA
(Israel)

Dance by Ya'akov Dekel.

Pronunciation:

Translation: Chosen Nation

Record: Blue Star 84

4/4 meter

Formation: Circle, shoulder hold ("T" pos).

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
<u>PART A (Shoulder Hold)</u>		
1	1	Step R to R.
	2	Step L behind R.
	3-4	Close R beside L; hold.
2	1-4	2 sways R,L.
3-8		Repeat meas 1-2 three times (4 in all).
<u>PART B (Shoulder Hold)</u>		
1	1	Step R to R.
	2	Step L behind R.
	3-4	Hold.
2	1	Step R to R.
	2	Step L across R.
	3-4	Hold.
3-4		Repeat meas 1-2.
		NOTE: Change to a simple hold ("V" pos).
5	1-4	Grapevine to R: R to R, L behind, R to R, L across R.
6	1-4	2 step-hops R,L.
7-8		Repeat meas 5-6
<u>PART C (Simple Hold)</u>		
1	1-2	Jump on both ft and land on R.
	3-4	Step L behind R and scissor fwd R,L.
2-4		Repeat meas 1 three times (4 in all).

Presented by Ya'akov Eden